

THE Spacemaker

NEWSLETTER

"BEST IN AIR FORCE"

VOL. 1, No. 28

MCCLELLAN AIR FORCE BASE, CALIF. (<http://www.mcclellan.af.mil/PA/spacemaker.html>)

JULY 27, 2000

TAKE NOTE

RIF Q&A's session today

See page 6 for details.

Clinic closes early today

The McClellan Air Force Base Clinic, 77th Medical Operations Squadron, pharmacy and laboratory will close at 2 p.m. today for official business. For emergencies, call 911. For non-emergency concerns, call 643-7212, select option 4.

For more information, call 643-8055.

Quarterly luncheon Friday

The Quarterly Awards luncheon is Friday, 11 a.m. at Club McClellan. Buffet cost \$5.50. Duty uniform of the day.

Enlisted promotion ceremony

The enlisted promotion ceremony is Tuesday, 3 p.m. at the community center.

Free issue annex opens

A free issue annex opens in Bldg. 200, Room 11 Tuesday. For more information, call 643-0297.

Next NAF resale Wednesday

The 77th Services Division will be holding a non-appropriated funds resale Wednesday, 10 a.m. to 3 p.m. in Bldg. 263F. For more information, call Jonnie Johnson at 643-6660.

Local union president receives civilian honor

By 2nd Lt. Robert A. Firman

Public Affairs

The Exemplary Civilian Service Medal was awarded to Jim Franco, president of the McClellan chapter of the American Federation of Government Employees Local 1857, July 18.

This award is given to recognize civilian employees for clearly outstanding service in support of the command mission. To win this honor, an employee must perform far beyond expectations.

"Jim Franco is my eyes and ears to the civilian workforce at McClellan," said Jim Barone, director of the Sacramento Air Logistics Center. "He really knows how to represent all people and doesn't hesitate to tell me what's going on and what the workforce's concerns are."

"Jim has taught me a great deal during my tenure as President of the Partnership



Courtesy photo from 77th Visual Information

Jim Barone (right), Sacramento Air Logistics Center director, presents Jim Franco with the Exemplary Civilian Service Medal July 18.

Council," said Robert Meneni, director of the Commander's Action Group for the center. "The Council is aware that Jim will always provide honest and articulate input. He is passionate in his support of our

See "Franco" Page 2

Federal application process changing

Department of Defense is changing how they accept and process applications for employment. The DoD is going to a new concept called Standard Automated and Inventory Referral System.

Resumix is the application part of the STAIRS program and very soon, a resume will be the only way to apply for jobs within DoD. Air Force installations that recruit through the Air Force Personnel Center at Randolph Air Force Base may already require a Resumix.

Every employee seeking employment in the federal government will be impacted by this change, because this process replaces the SF-171 and OF-612. All of DoD and most other federal agencies will be converting to

this or a similar system and applications will not be accepted in any other format once that agency comes on line. All Army and Navy installations will be online by December 2000.

The FOCUS Center will offer two-hour training courses covering the new STAIRS/Resumix process Aug. 7, 8, 15 and 16 at the community center. There will be a morning session at 8 a.m. and an afternoon session at 1 p.m. on each of those days.

Employees need to check with their supervisors for approval to attend the training. To register for a session, call 643-5661 or visit the FOCUS Center in Bldg. 200, Room 40. (Article submitted by FOCUS Center)

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"Completing the mission of McClellan Air Force Base with professionalism and honor"

Military members receive protection under UCMJ

By Lt. Col. Laura Battle

347th Wing Staff Judge Advocate

MOODY AIR FORCE BASE, Ga.—Suppose you are suspected of committing a crime. You've heard the allegation and now you want to know what your rights are and how you can defend yourself. Military members have more rights than they may know under the Uniform Code of Military Justice.

Before the UCMJ, the Articles of War and the Articles for the Government of the Navy were the legal foundation for maintaining discipline.

However, this system was vulnerable to manipulation and didn't value the rights of the accused. President Truman signed a law making the UCMJ effective May 31, 1951.

F. Lee Bailey, a famous civilian criminal defense attorney, once said if he were accused of a crime he would rather be tried in a military court than in any other system of justice because of the protections afforded the military accused.

Many people don't know that as soon as they become a suspect their rights must be read to them before questioning. Article 31 of the UCMJ gave people that right 16 years before the U.S. Supreme Court agreed in a case called "Miranda." The UCMJ provides

"Franco" continued from Front Page

workforce and I am often amazed at his ability to make complex issues seem simple to resolve."

In recent years, Franco has been in the forefront of forging new labor-management relationships at McClellan. Largely through his involvement, the master labor agreement was finalized at McClellan in 1999. This effort led to the McClellan Partnership Council receiving Vice President Gore's "Hammer Award", an award presented to organizations successfully improving the function of the Federal government.

that military suspects are also entitled to the services of a lawyer at no cost, regardless of rank or economic level. The U.S. Supreme Court did not guarantee that right to civilians until 12 years later, and only then if the accused could show he was needy.

Military people can ask to be represented by a military attorney anywhere in the world and, provided they are reasonably available, they will defend the member.

The Area Defense Counsel is available to help people facing all types of disciplinary or adverse actions as well as facing criminal charges.

The base ADC does not work for the staff judge advocate, nor does the installation commander rate him or her.

The ADC reports to a separate chain of command to maintain autonomy. While the SJA at a base typically nominates a judge advocate to serve as the ADC, higher headquarters actually selects the ADC with input from the numbered Air Force, major command and chief circuit defense counsel at Bolling Air Force Base, Washington, D.C., who supervises the base ADC.

People charged with a crime that could result in a general court-martial are entitled to be present when an impartial officer investigates the case. Civilians facing a grand

jury indictment do not have such a right. Nor do civilians have the same strict speedy trial standards as the military. The government generally must try a military accused within 120 days. Similarly, commanders who intend to impose nonjudicial punishment are accountable for acting swiftly, within mandated time standards.

These economies exist so commanders can maintain discipline and so people do not have potential punishment hanging over their heads for a long time.

Finally, people sentenced by a court-martial automatically receive appellate review. A free appellate counsel is assigned to review the case, ensuring none of the person's rights were violated at trial.

The foregoing examples don't make an exhaustive list of the protections secured by the UCMJ and the American military justice process. This is just the tip of a judicial system that offers such scrupulous attention to the rights of an accused person.

George Washington said, "Discipline is the soul of an army." The UCMJ provides the strong foundation for discipline that is swift, fair and protective of the rights of accused military people.

(Courtesy of Air Combat Command News Service)

Franco's advocacy for the civilian work force is not limited to McClellan, however. Because of his work with the local McClellan Partnership Council, he was selected to serve on the Command Partnership Council to help improve the quality of life for the civilian force throughout the command.

"It really takes courage to stand up to management and say 'there's a better way,'" said Barone. "I made sure Jim was on the podium when we won the Hammer Award for Excellence in Government because Jim's work got us that recognition. He is a real asset to McClellan and the entire Materiel Command."

SPACEMAKER

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Bldg. 200, Room 125

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Air Force Vision

"Air Force people building the world's most respected air and space force ... global power and reach for America"

Air Force Materiel Command Vision

"Quality Systems for America's Air Force"

Sacramento Air Logistics Center

Vision

"Completing the mission of McClellan AFB with professionalism and honor"

Reduced demand eliminates paper products

Going, going, gone... Due to base closure and reduced funding resources, there will be no more paper products or microfiche produced by the Defense Automated Production Service at the Sacramento Air Logistics Center after Oct. 20.

After this date, microfiche products previously identified as critical will be produced by Hill Air Force Base, Utah. All other microfiche products will be cancelled.

Access to all paper products will be through the CA-Dispatch online viewing program residing on the Amdahl mainframe computer. This will require an Amdahl logon giving the user privileges to the online program.

All employees currently receiving paper products and who will be on base after Oct. 1, should take the following steps:

1. If you currently have a logon and use CA-Dispatch, make sure all your paper products are available online. If you are receiving paper products that are not online and you will require them in fiscal

year 2001, please contact your system Office of Primary Responsibility in the Management Systems Branch, FMDM at 643-3685, or the System Support Division, PKXA at 643-5916. These reports must be loaded to the program no later than Sept. 15.

2. If you do not have a logon to CA-Dispatch, contact your system OPRs in FMDM at 643-3685 or PKXA at 643-5916. New users are required to submit a Form 41 through the OPRs to gain access to this program.

3. After you have received the new CA-Dispatch logon, contact your system OPRs for training. This must be done prior to Sept. 1.

4. If you are currently receiving paper products that are no longer required, please contact Linda Courtemanche, FMDM at 643-3685 and the products will be deleted.

For more information or questions, call Courtemanche at 643-3685.

(Article submitted by the Logistics Systems Division.)

DoD releases 13-point plan to eliminate harassment

WASHINGTON -- The Department of Defense announced a 13-point action plan designed to eliminate all forms of harassment, including that based on sexual orientation, during a Pentagon briefing July 21.

The plan was developed by a working group comprising senior civilian and military officials from each service, established at the direction of Secretary of Defense William S. Cohen and chaired by Undersecretary of the Air Force Carol DiBattiste.

"Treatment of all individuals with dignity and respect is essential to good order and discipline," DiBattiste said. "Mistreatment, harassment, and inappropriate comments or gestures undermine this principle and have no place in our armed forces.

"Commanders and leaders must develop and maintain a climate that fosters unit cohesion, esprit de corps, and mutual respect for all members of the command or organization," she said.

"Secretary Cohen approved the working group's action plan and has directed that it be forwarded to the services for implementation," Rostker said.

The 13-points included in the action plan are:

□ The DoD should adopt an overarching principle regarding harassment, including that is based on sexual orientation.

□ The DoD should issue a single department-wide directive on harassment.

□ The services shall ensure feedback or reporting mechanisms are in place to mea-

sure homosexual conduct policy training and anti-harassment training effectiveness in the following three areas: knowledge, behavior, and climate.

□ The services shall review all homosexual conduct policy training and anti-harassment training programs to ensure they address the elements and intent of the DoD overarching principle and implementing directive.

□ The services shall review homosexual conduct policy training and anti-harassment training programs annually to ensure they contain all information required by law and policy, including the DoD overarching principle and implementing directive, and are tailored to the grade and responsibility levels of their audiences.

□ The services shall review all avenues for reporting mistreatment, harassment, and inappropriate comments or gestures to ensure they facilitate effective leadership response.

□ The services shall ensure homosexual conduct policy training and anti-harassment training programs address all avenues to report mistreatment, harassment, and inappropriate comments or gestures and ensure persons receiving reports of mistreatment, harassment, and inappropriate comments or gestures know how to handle these reports.

□ The services shall ensure that directives, guidance, and training clearly explain the application of the "don't ask, don't tell," policy in the context of receiving and reporting complaints of mistreatment, harassment,

and inappropriate comments or gestures.

□ The services shall ensure that commanders and leaders take appropriate action against anyone who engages in mistreatment, harassment, and inappropriate comments or gestures.

□ The services shall ensure that commanders and leaders take appropriate action against anyone who condones or ignores mistreatment, harassment, and inappropriate comments or gestures.

□ The services shall examine homosexual conduct policy training and anti-harassment training programs to ensure they provide tailored training on enforcement mechanisms.

□ The services shall ensure inspection programs assess adherence to the DoD overarching principle and implementing directive through measurement of knowledge, behavior, and climate.

□ The services shall determine the extent to which homosexual conduct policy training and anti-harassment training programs, and the implementation of this action plan, are effective in addressing mistreatment, harassment, and inappropriate comments or gestures.

The Defense Department's announcement of these anti-harassment guidelines followed the Army's release of its inspector general's report on the allegations of violations of the DoD Homosexual Conduct Policy at Fort Campbell, Ky., which resulted in the beating death of a young soldier July 5, 1999. (AFPN)

Exercise, proper diet key to expelling extra pounds

By Col. Susan Potter

96th Medical Group Registered Dietitian, IMA

EGLIN AIR FORCE BASE, Fla. -- If you stop and think about the thousands of new diets advertised to help you lose weight, you will realize that many are the same, just sold under a new name.

There are four sources of calories in our diets. They are carbohydrates, proteins, fats, and alcohol. Low calorie diets will often pick one of the sources and severely restrict it to promote weight loss.

Years ago carbohydrates were eliminated in many fad diets. Eliminating carbohydrates means not eating any fruits, vegetables, whole grain bread and cereals and milk.

Many of our essential nutrients are packed in these foods and they are the best source of energy for our bodies. We knew this was not the right approach to healthy eating.

The next trend in weight loss diets was to eliminate fat. Low fat diets were very popular, but the weight loss was, for the most part, not successfully achieved.

Many people were eating large amounts of sugar, which is often used to replace fat in the "fat free" products. Calories people consumed on low fat diets were often times higher than needed for weight loss.

Protein restricted diets have never been popular in this country. None of us can imagine our meals without some sort of meat or meat substitute, such as eggs or peanut butter. So, the low carbohydrate diet has returned again. Some have been renamed and others are as they first appeared more than 20 years ago.

We still know that eliminating carbohydrates from the diet removes so many of the nutrient-rich foods we need. We also know that the body has to work hard to use protein and fat as the primary

sources of energy.

Do the low carbohydrate diets work? Any diet that restricts a large category of foods that will cause a reduction in calories will probably lead to weight loss. But it's not really a long-term solution for weight loss. Most people find it difficult to stick to such a restrictive meal plan for any length of time.

There are side effects to following a low carbohydrate or high protein diet. These can include light-headedness, constipation, dehydration, irritability and kidney problems.

The food choices can also lead to increased cholesterol levels because of the saturated fat content of the meat in the diet. The lack of fruits and vegetables in the low carbohydrate diet decreases the amount of antioxidants and phytochemicals that may help fight off some types of cancers.

So, what is the best recommendation for shedding those extra pounds? The most important ingredient in winning the battle of the bulge is adding exercise to your daily schedule.

Movement burns calories and increases muscle mass which is the part of your body that uses calories. Weight loss should be fat, not water and muscle.

Choosing foods that contain carbohydrate, protein and fat will help ensure you provide all the nutrients that your body needs. Simply eliminating one type of food is not the answer to long-term weight control.

Find a program that promotes "food for a lifetime." Stay away from short-term elimination diets. These set up a cycle for failure and may lead to more muscle than fat loss.

Choose a flexible plan you can live with that includes foods from all the food groups. Be smart about your eating and it will repay you with good health for years to come. Bon Appetit! (AFMCNS)

NEWS NOTES

Society of Military Widows meet Aug. 5

The Society of Military Widows, Sacramento Chapter No. 5, will hold its membership and business meeting, which will include nomination and election of officers for 2000-2002, Aug. 5 at 1 p.m. in the Chapel Annex. For more information, call Edna Brown at 422-0891.

Volunteers needed for pledge drive

The McClellan Aviation Museum is looking for volunteers to assist, KVIE, Channel 6 with a pledge drive Aug. 12 from 11:15 a.m. to 4 p.m. During that pledge time KVIE will show two movies portraying the military. For more information, call Iris Taggart at 455-4412.

Complete tuition assistance forms by Sept. 1

The McClellan Education Services Office needs tuition assistance forms for courses starting the end of September early October to be submitted as soon as possible.

Military members planning to register for college courses beginning prior to Oct. 1 should submit Air Force Forms 1227, Request for AF Tuition Assistance, to the Education Services Office **NOW** (e.g., National University, University of Phoenix, Southern Illinois University, etc.).

Funds need to be obligated to meet the Fiscal Year 2000 funds close-out deadline. For more information, call 643-4776.

Two-year Physician Assistant Training Program

The Physician Assistant Training Program is a 2-year, 2-phase education and training program. The next PA Selection Board is scheduled to convene March 26, 2001. Applications for Physician Assistant training classes beginning in January, April and August 2002 will be accepted no earlier than Oct. 1 and no later than Jan. 26, 2001.

Only active duty enlisted Air Force members are eligible for this program. Applicants must be a US citizen; be on active duty in grade E-3 through E-8 with minimum of 2 years active military service and maximum of 14 years active military service as of Aug. 30, 2002; be less than 35 years of age upon completion of Phase II training; have completed 60 semester hours of transferable college credits (to include 30 semester hours of specific in-classroom courses); have a 2.5 or better GPA; ASVAB/AFCT General score minimum of 80; SAT scores within the past five years.

Completed application packages must arrive at the Base Education Services Office, Bldg. 8, Room 225, NLT Jan. 10, 2001 to allow for review, processing and forwarding.

Interested personnel should contact Base Education Services, 643-4776, as soon as possible to schedule a counseling appointment.

Tips to spare the air, reduce pollution

Car Care Tips

- 🚗 Give your vehicle regular tune-ups so the engine will run smoothly and pollute less.
- 🚗 Change your vehicle's fuel filter and air filter at least once a year, or every 12,000 miles. A dirty air filter has restricted airflow.
- 🚗 Make sure your tires are properly inflated. Properly inflated tires minimize your vehicle's polluting emissions by saving fuel.
- 🚗 Use steam cleaners instead of engine degreasers to clean your vehicle's engine.
- 🚗 Don't top off your tank when you refuel. It may cause spillage, which then evaporates and contributes to smog levels.
- 🚗 Refuel your vehicle after dark when temperatures are cooler and evaporative emissions can't react with sunlight to form ozone.

Home & Recreation Tips

- 🚗 Avoid the use of all activities that use small gasoline-powered internal combustion engines, such as lawn mowers, leaf blowers, chain saws, trail bikes or all-terrain vehicles. ICE's are some of the highest pollution sources around today.
- 🚗 Postpone outings on gasoline or diesel-powered recreational boats. They are high pollution sources.
- 🚗 Don't use gas-powered lawn and utility equipment because most have no emissions control equipment. Try going electric.
- 🚗 Don't use charcoal lighter fluid to start your barbecue. Try using an electric starter or chimney briquette starter.
- 🚗 Replace your old barbecue with a propane gas-powered unit.
- 🚗 Avoid the use of pesticides. If you must use a pesticide, use one that is applied in either a granular or water-based solution.
- 🚗 Postpone using oil-based paints. Oil-based paints and varnishes contain a high percentage of solvents that evaporate into the atmosphere and contribute to the smog problem. Use water-based paints whenever possible.
- 🚗 Check the Sacramento Bee's Metro Section for air quality information.

Transportation Tips

- 🚗 Make fewer trips. The word "trip" refers to the act of starting your car's ignition. Your car emits far more pollution in the first few minutes of operation, before emission controls have warmed up and reached peak efficiency.
- 🚗 Postpone errands on a spare the air day.
- 🚗 Drive smoothly. Driving smoothly saves fuel and lowers emissions.
- 🚗 Carpool or vanpool to work a few days or even one day a week.
- 🚗 Call 1-800-COMMUTE to find out about rideshare opportunities.
- 🚗 Organize a parent carpool in your neighborhood to take your children to and from school. It will decrease air pollution as well as traffic congestion.
- 🚗 Use public transit. Pick up a transit schedule and use buses or light rail.

- 🚗 Share a ride with a friend to social and recreational activities.
- 🚗 Walk or ride a bike for short morning trips or where overexertion isn't likely.
- 🚗 Unhealthy pollution levels usually occur mid-afternoon or later.
- 🚗 Link your trips to avoid cold-starting your vehicle's engine.
- 🚗 Purchase a reduced-emission vehicle. Hundreds are powered by gasoline. Visit www.arb.gov to see the list.
- 🚗 Avoid high speeds. The Department of Transportation reports that if speed limits were observed by drivers across the nation, approximately 71 tons of pollutants would not be emitted and about 4 million gallons of gasoline would be saved.

Work Tips

- 🚗 Plan ahead to bring your lunch to work and avoid a midday trip.
- 🚗 Sign-up for e-ALERT at www.sparetheair.com. It's a free personal air quality notification system via e-mail, text pager, or digital cellular phone.
- 🚗 Visit www.sparetheair.com to find out daily pollution levels in the Sacramento region and view Ozone Movies.
- 🚗 For the daily air quality forecast, call (916) 874-4801.
- 🚗 Ask your employer about telecommuting.
- 🚗 If your employer isn't a member of your area's transportation management association, encourage participation.
- 🚲 Bicycling is a great commute option and recreational activity that you can enjoy in our region year-round. For a list of bicycling benefits visit www.sacog.org/web/ride/bikemaps/benefits.htm
- 🚲 There are six detailed bikeway maps for the Sacramento Area indexed in this overview map at www.sacog.org/web/ride/bikemaps/maps.htm

Air Quality Index

Good -- 0 - 50 AQI

- 🚗 No health impacts expected when air quality is in this range.

Moderate -- 51 - 100 AQI

- 🚗 When air quality is at the upper end of the moderate range, extremely sensitive children and adults should consider limiting prolonged, moderate exertion outdoors.

Unhealthy for Sensitive Groups -- 101 - 150 AQI

- 🚗 Sensitive children and adults or people with respiratory disease, such as asthma, should limit prolonged, moderate exertion outdoors.

Unhealthy -- 151 - 200 AQI

- 🚗 Sensitive children and adults or people with respiratory disease, such as asthma, should avoid moderate exertion outdoors; everyone else should limit prolonged, moderate exertion outdoors.

Very Unhealthy -- >200 AQI

- 🚗 Sensitive children and adults or people with respiratory disease, such as asthma, should avoid outdoor activity; everyone else, especially children, should limit moderate exertion outdoors.

(Information gathered from various Internet Web sites.)

RIF question, answer sessions expanded for all

The Benefits Section of Civilian Personnel's question and answer session, set for today, is now open to those employees who anticipate a Reduction In Force notice, not just those presently in receipt of one.

A representative from the Employment Development Department will be available to address unemployment questions. Em-

ployees will also have an opportunity to ask questions regarding the following benefits:

- Health benefits
- Life insurance
- Thrift Savings Plan
- CSRS Retirement & FERS Retirement
- Severance Pay
- Unemployment Insurance

The following sessions are available with

limited seating.

Time	Who should attend
9 a.m.	Employees who are NOT retirement eligible
1 p.m.	Employees who ARE retirement eligible

Interested employees may reserve a spot by calling 643-5703 or by sending an e-mail to either Patricia Sumner or Jacqueline Lessa.

FOCUS CENTER

This section contains some of the job announcements available at the McClellan Air Force Base FOCUS Center. For additional information, contact the FOCUS Center, Bldg. 200, Room 40, at 643-5661. The center is open Monday and Wednesday 7 a.m. to 4 p.m., Tuesday and Thursday 7 a.m. to 5 p.m. and Friday 7 a.m. to 3 p.m. Note: Copies of the vacancy announcements are available in the FOCUS Center. Review the announcement and contact the agency for KSAs and/or additional information.

Position: Administrative Support Assistant GS-0303-05
Annnc#: 24-77-852
Close: July 31
Location: Sacramento, CA
Agency: USDA, Animal & Plant Health Inspection Service
POC: Staffing (800) 585-7407
Remarks: See note.

Position: Administrative Clerk GS-303-05
Annnc#: 6-77-603-0
Close: July 31
Location: Sacramento, CA
Agency: Animal & Plant Health Inspection Service
POC: Jackie Miles (612) 370-2098
Remarks: See note.

Position: Investigations Program Assistant GS-0303-08/09
Annnc#: 00-21
Close: July 31
Location: Sacramento County, CA
Agency: Interior, Office of the Inspector General
POC: Ron Brown/Linda Walker (202) 208-6459
Remarks: See note.

Position: Office Automation Clerk GS-0326-05
Annnc#: DL-PN-00-08
Close: Aug. 31

Location: San Francisco, CA
Agency: Labor, Employment Standards Admin.
POC: Susan Canaya (415) 975-4017
Remarks: See note.

Position: Secretary (Office Automation) GS-0318-07/08
Annnc#: AR2478
Close: July 31
Location: Alameda, CA
Agency: DOT, U.S. Coast Guard
POC: USAJOBS by Phone (916) 790-2822-
Remarks: See note.

Position: Supply Technician GS-2005-05/07
Annnc#: RB-32-00-AND/OR VA-43-00
Close: July 31
Location: San Francisco, CA
Agency: Treasury, U.S. Mint
POC: Pauline Lee (415) 575-7900
Remarks: See note.

Position: Computer Specialist GS-0334-13
Annnc#: USGS-2000-1188
Close: July 27
Location: San Mateo County, CA
Agency: Interior, Geological Survey
POC: Michele Bollier (650) 329-4096
Remarks: See note.

Position: Office Manager GS-0301-12/13
Annnc#: CC-00-2845
Close: Aug. 2
Location: San Francisco, CA
Agency: Treasury, Internal Revenue Service
POC: Arthur Alexander (202) 622-8000
Remarks: See note.

Position: Administrative Assistant GS-0303-05
Annnc#: NASS-SOM-0998
Close: July 31
Location: Sacramento, CA
Agency: USDA, National Agricultural Statistics Service

POC: D. Rodriguez (202) 720-6130
Remarks: See note.

Position: Employee Development Specialist GS-0235-12
Annnc#: RB-30-00 AND/OR VA-40-00
Close: Aug. 8
Location: San Francisco, CA
Agency: Treasury, U.S. Mint
POC: Pauline Lee (415) 575-7900
Remarks: See note.

Position: Contact Representative (Bilingual) GS-0962-05/07
Annnc#: DELEX-SR-00-135
Close: Aug. 2
Location: Vallejo, CA
Agency: Social Security Administration
POC: Agency Job Line (510) 970-8484
Remarks: See note.

Position: Secretary GS-0318-07
Annnc#: FWSI-00-144
Close: Aug. 2
Location: Sacramento, CA
Agency: Interior, U.S. Fish and Wildlife Service
POC: Personnel Staff (503) 231-6136
Remarks: See note.

NEWS NOTES

Federal job fair Wednesday

The FOCUS Center is sponsoring a Federal Government job fair, Aug. 2, 1 - 4 p.m. in the base Community Center, Bldg. 1425.

For additional information, call Greg Eason at 643-5661.

NOTE: Administrative leave **IS AUTHORIZED** for this function.



Movies

Movies start at 7 p.m., unless otherwise noted, in Bldg. 1417. Movies are subject to change.

Big Momma's House - Friday and Sunday
Starring: Paul Giamatti, Terrence Dashon Howard

FBI agent Malcolm is a master of disguise. There's nothing he can't handle. Malcolm's latest assignment is to trap a bank robber. He sets up a stakeout at the home of a southern matriarch known as Big Momma, who's about to be visited by the con's former flame, Sherry and her son. (PG -13 - crude humor including sexual innuendo, language and some violence)

Titan A. E. - Saturday
Starring: Animated

A thousand years from now, Earth is destroyed by an attacking race of aliens known as the Drej. Cale, a human teenager, has a map given to him by his father which will lead him to the Titan, a starship containing the last survivors of the planet, and can lead them to a new Earth. However, the Drej are in hot pursuit and want Cale very much dead.

(PG - action violence, mild sensuality and brief language)

Youth Center

■ **Today:** Open recreation, 2-6 p.m.; open gym, 2-3 p.m. and 4:15-6 p.m.; open snack bar, 2-5 p.m.; advanced gymnastics, 3:15-4:15 p.m.; Moms, Pops, and Tots, 10-11 a.m.

■ **Friday:** Open recreation 2-6 p.m.; open snack bar, 2-5 p.m.; open gym, 2-6 p.m.; Preteen night, ages 9-12, 6:30-9 p.m., members free, nonmembers \$2.

■ **Saturday:** Open recreation and snack bar from noon-5 p.m. Art Club meets at noon.

■ **Sunday:** Closed

■ **Monday:** Open recreation and gym, 2-6 p.m.; open snack bar, 2-5 p.m.

■ **Tuesday:** Open recreation, 2-6 p.m.; open snack bar, 2-5 p.m.; open gym, 2-3 p.m. and 4:15-6 p.m.; beginning gymnastics, 3:15-4:15 p.m.

■ **Wednesday:** Open recreation, 2-6 p.m.; open gym, 2-5:15 p.m.; open snack bar, 2-5 p.m.

For more information, call 643-2074.

Lawrence Links Golf Course announces tourney winners

Lawrence Links Golf Course hosted the 2000 Base and Club Golf Championship Tournament Saturday and Sunday. The winners are:

🏆 McClellan AFB Base Champion -- **Dave Porter**

🏆 McClellan AFB Club Champion -- **Scott Tillson**

🏆 McClellan AFB Championship Flight -- 1st Gross -- **Steve Bryant**

🏆 McClellan AFB Championship Flight -- 1st NET -- **Ben Kahue**

🏆 McClellan AFB Club Championship -- 1st NET "A" Flight -- **Andy Ortiz**

🏆 McClellan AFB Club Championship -- 2nd NET "A" Flight -- **Jeff Brown**

🏆 McClellan AFB Club Championship -- 1st NET "B" Flight -- **Bob Gordon**

🏆 McClellan AFB Club Championship -- 2nd NET "B" Flight -- **Glen Kaneyuki**

🏆 McClellan AFB Club Championship -- 1st NET "C" Flight -- **Dave Silva**

🏆 McClellan AFB Club Championship -- 2nd NET "C" Flight -- **Hal Green**



Military members needed for USAF Marathon

Talbot Fitness Center is looking for military members to participate in the Fourth Annual U.S. Air Force Marathon Sept. 16 at Wright-Patterson, Air Force Base, Ohio.

■ Individual -- \$45 entry fee

■ Four-member Relay Team -- \$160 entry fee (per team)

■ 3-5 member Marathon Team -- \$225 entry fee (per team)

(Course stays open 8 hours and every finisher gets a collectors medal)

Marathon starts and finishes at the U.S. Air Force Museum
"The worlds oldest and largest military aviation museum"

Services will assist with partial event costs. If interested in representing McClellan AFB at this event, call the Talbot Fitness Center no later than Aug. 18 at 643-2596.

Do you want to work after McClellan closes?

As we move closer to base closure, there is an immediate need to keep everyone informed on Sacramento Employment and Training Agency services. Many questions are being asked about the services available and the timeframes in which to receive those services. We hope that your questions will be answered in this and future columns.

SETA Q's & A's

Q: Does SETA offer any help in finding a job?

A: Yes, most people do not realize that our specialty is employment. SETA specializes in various Transition Workshops to help make workers more competitive for today's labor market. These workshops are conveniently located on base. They are as follows:

■ **Résumé Writing** -- this workshop teaches you how to build a marketable résumé for today's employers.

■ **Interview Techniques** -- this workshop gives you the confidence to present the skills that you have as well as interview the employer.

■ **Job Search** -- learn about the hidden job market and up-to-date job search strategies.

■ **Insider Network** -- for inside information on some of the hottest employers in the Sacramento area.

■ **Job Club** -- weekly meetings with SETA's experts showing you how to bring all the information from all the workshops into action.

In addition to these courses, SETA has Marketing Specialists available for the job seeker needing one-on-one job coaching and job matching. SETA offers a number of other workshops, for a complete listing and schedules contact your Training Monitor or the SETA office at 263-4654.

Q: If I am in training and find a job, do I have to pay the training money back?

A: Absolutely not! The goal of this program is employment and your success is our payment. Once you find employment SETA has met its goal.

Q: If I am in training and find a job, can I continue the training?

A: The continuation of training after you find a job is decided upon case-by-case. In most situations you can complete the train-

ing as long as the training you are receiving relates to your new job. Alternatively, the job is considered "stopgap" employment until you have met the goal of your transition plan.

Q: If I take early retirement and leave the base can I still use SETA services?

A: Those who retire and have not enrolled into the SETA McClellan Project are not eligible for SETA services on base. However, you are eligible for some services at SETA's Sacramento Works Career Centers.

Q: I will be taking an early retirement this September, do I have to complete my training by the time I leave the base?

A: No, as long as you are enrolled in SETA services and working with a SETA Case Manager, on a transition plan, you can continue in training as long as it fits within the grant's current timeframe.

Q: I heard that SETA will not be here after June 2001, is this true?

A: SETA has requested an extension of the current project through June 2001. SETA will continue to serve McClellan AFB employees with all employment services until the need no longer exists.

Q: After I enroll with SETA how long do I have to do my research and start training?

A: The length of quality research is extremely important to a good transition plan. The length of research is based on the labor market and occupation researched but the average length of time is approximately 90 days. As you work with a SETA Case Manager they will help direct you to keep you focused and working within a reasonable timeframe.

Q: I am a contractor on base, am I eligible for SETA services?

A: If you are a contract employee on base, all you need to do is call our office to see if you are eligible for SETA services. Eligibility is done on a case-by-case basis.

Another Question and Answer column will be in a future Spacemaker. If you wish to have a question answered, submit your question via: Fax to 263-4638, drop off the written question at Bldg. 1017, or e-mail SETA at Catalina@delpaso.seta.net

SWAP MEET

For Sale

‘93 Chevy Camaro Z28 -- Fully loaded, new tires and brakes in June, AM/FM CD player, reg. expires 7/01, \$10,000 obo. Call 660-9789.

Tonneau cover -- Fits Ford Ranger, new \$175 obo; lrg China cabinet, \$150 obo; cast iron stove, old Taiwan brand, \$250 obo. Call 996-5732 or 348-3136 after 5 p.m.

Waterbed -- Maple finished supersingle, \$150 obo. Call (530) 633-0896.

Editor's note: Swap ads are a free, space-available-only service for military members, civil service employees, retirees and associated family members possessing current ID cards. The ads must be for the personal use of the card holder.

Only a home phone or address may be used in the ad; no base extensions or base e-mail addresses are allowed, except for dormitory residents (residential status must be stated on ad). Personal e-mail addresses will be accepted.

Drop off ads at Bldg. 200, room 125. Swap ads will not be published without a signature.

The deadline is noon, Wednesday for possible

publication in the following Thursday's issue. Only one Swap ad per household per week, up to 50 words, may be submitted.

However, the ad can apply to more than one category, such as items wanted/trade, vehicles, furniture and yard sales. Spacemaker reserves the right to edit.

No ads for money-making businesses, including daycare, or the sale of firearms or firearm accessories will be accepted.

To run a swap ad again, it must be resubmitted. For more information, call the Spacemaker at 643-6100.